**Auchinairn Medical Practice: Annual Contraceptive Pill Review**

*Patient sticker here Date:*

|  |  |  |
| --- | --- | --- |
|  | YES | NO |
| Are you satisfied with your current method of contraception? |  |  |
| Are you experiencing any bleeding that is unexpected/abnormal/causing you concern? |  |  |
| Are you up to date with your smear (25 years and over)? |  |  |
| Are you a smoker? If yes please indicate how many you smoke a day. |  |  |
| Do you have a history of heart disease, stroke, TIA or arterial disease? |  |  |
| Have you or any family member had a deep vein thrombosis or pulmonary embolism (blood clot in leg or lung) under the age of 45? |  |  |
| Are you currently immobile? |  |  |
| Do you suffer from migraines?  If YES do you suffer from any visual symptoms prior to the migraine? YES/NO |  |  |
| Do you have a current or past history of breast cancer? |  |  |
| Do you have uncontrolled Diabetes? |  |  |
| Are you aware of how the pill works? (Further information available at Patient UK) |  |  |
| Are you aware of what to do if you miss a pill? |  |  |
| Are you aware that this contraception may not work if you have diarrhoea or vomiting? |  |  |
| Are you aware the contraceptive pill does NOT protect you from Sexually Transmitted Infections (STIs), so you will need to use a condom as well to protect yourself? |  |  |
| Would you like to consider alternative contraception, including long acting reversible contraception (LARC)? Further information is available at Patient UK. |  |  |

|  |  |
| --- | --- |
| Blood pressure |  |
| Height |  |
| Weight |  |
| Units of Alcohol per week |  |

Please note in the practice we offer the contraceptive pill and patch. We also offer the Depo-Provera injection. Should you wish to consider the hormonal coil, copper coil or implant or wish to seek advice regarding your sexual health please contact:

Sandyford Sexual Health Clinic:

Website: [www.sandyford.scot](http://www.sandyford.scot)

Telephone: 0141 211 8130

Do you wish to speak to clinician within the surgery regarding your contraception? YES/NO

Should we require further information our patient care advisors may contact you to arrange an appointment. Thank you.